

CAST Discipline Policy

Positive Intervention

Our Reggio inspired programs view the goal of discipline as a means of supporting children as they develop the ability to self-regulate their emotions, impulses, and attention. Our disciplinary interactions are always respectful of the child and promote self-esteem and confidence. Behaviors are not labeled in a way that might reflect on the integrity of the child, e.g. "babyish", "naughty", "selfish", or "bad". Children's feelings are acknowledged, e.g. "you look very sad" rather than telling the child "there's no reason to cry."

Teachers establish routines and set limits as a way to provide boundaries that are reassuring for children. Below are some of the techniques that teachers use to define the boundaries and set limits on behavior:

- Limits are stated clearly - "The blocks are ONLY for building, but the balls may be thrown outside."
 - Expectations are stated in a positive way - "Please keep your feet on the floor" rather than "Don't climb on the table."
 - Redirection is used - "Let's go see what John is doing at the sensory table."
 - Teachers support children's efforts to problem solve and negotiate with each other, e.g. "How can you tell John that you would like to have a turn with the truck?"
 - There are logical consequences for behavior - "You are having a hard time playing with the blocks without throwing. Please make another choice."
 - Children are presented with choices - "Would you like to work with clay or would you rather paint at the easel?"
 - Teachers model appropriate and effective ways to express feelings and emotions - "I do not like when you grab the book from my hands. What can you say to me to let me know that you would like to have the book?"
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The State of Connecticut has determined that licensed schools and daycares must publish their Discipline Policy and parents must confirm reading and having the opportunity to discuss the policy. Please read both sides of this document and then sign and return this part. Thank you. Julie

CAST will take the following steps to address on-going challenging behaviors:

1. Head Teacher will meet with an Administrator.
2. A meeting will be arranged between Head Teacher, Parent & Administrator to share information and strategies. CAST will obtain permission from parents to proceed with in-house and outside observations of the child.
3. Head Teacher will follow the CAST "Child Study Procedure".
4. Observations will be conducted and documented.
5. An individualized Behavior Plan will be implemented.
6. A meeting will be arranged between Head Teacher, Parent & Administrator to assess the success of the Behavior Plan.
7. Recommendations will be made to continue with Behavior Plan or parents will be advised to contact developmental specialists. If necessary for the purposes of the health and safety of the child, parents will be asked to provide a one-on-one aide for their child.
8. CAST will confer with specialists to support outside programs and/or therapies.
9. If child continues to present behavior that endangers him/herself or others, child will be dismissed. A certified letter will be sent to parents to advise of the dismissal.

I have read and had the opportunity to discuss the **CAST Discipline Policy**. I will cooperate with CAST and comply with decisions made on behalf of my child.

Child's Name

Parent's Name

Parent's Signature

Date